

Create Your Future With Your Words. Learning from the Past How to Use Language as Power: Coded Language, Rap Lyrics, and the Tulsa Race Massacre of 1921

A review of research shows that individuals that are intentional with language and that are positive thinkers are more likely to experience reduced anxiety and stress. Visualizations and positive self-talk reduce negative thinking and intrusive thoughts and promote success in health, work, education, and relationships. Understanding that our language cannot be lazy and how we see ourselves is critical to our overall life success. The goal of this workshop is to be intentional and deliberate in giving students tools to shift their thoughts, language, and actions to improve student persistence, retention, and success. Former Professor of Hip-hop Studies and Culture at the University of Iowa, Brandon Alexander Williams interprets the Tulsa Race Massacre of 1921 all while dissecting an original poem "Miss America" using the vehicle of art-integrated education. This workshop will encourage the participant to be "unlazy with language" for maximum experience.

Presenters:

Brandon Alexander Williams

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